

PHILLIP SINK

File x

(2015)

for flute, clarinet, percussion, piano, violin, viola, and cello

Perusal Score

Flex!

(2015)

for flute, clarinet, percussion, piano, violin, viola, cello
by Phillip Sink

- I. Genuflect Before Thee
- II. Thanks for Being Flexible
- III. Deflected Attempts
- IV. Upward Inflection?

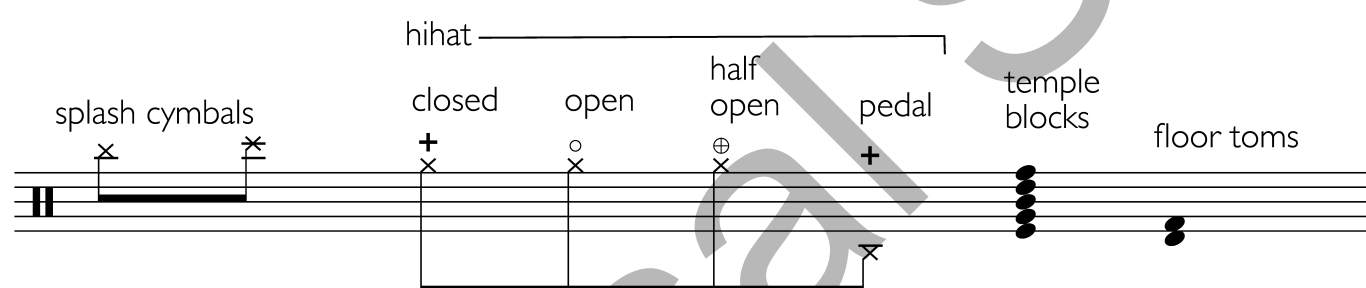
Duration: 6:30 minutes

Transposed Score

Percussion requirements:

Movements I – III: glockenspiel.

Movement IV: two splash cymbals (small, medium), hihat, temple blocks (5), two floor toms



Program Note:

I composed a set of short movements using words that contain either the Latin root *flex* or *flect*, which mean “to bend.” The first movement “Genuflect Before Thee” pits the strings against the rest of the group. Each side rudely interrupts the other until someone in the ensemble decides to give in. “Thanks for Being Flexible” is a thank-you note to the strings for being so flexible with pitch. The strings carry the movement by gliding to each pitch within the harmony while the other instruments play melodic fragments and textural goodies. The third movement “Deflected Attempts” is inspired by the myriad of YouTube videos of cats knocking objects off tables. I composed the movement with a series of rising gestures that continuously get knocked down. The final movement “Upward Inflection?” is dedicated to all of the late-teens, early-20-somethings, and Californians who consistently speak with an upward inflection at the end of declarative sentences...?

Perusal Score

Flex!

I. Genuflect Before Thee

Phillip Sink
(b. 1982)

Transposed Score
Duration: 6:30

$\text{♩} = 160$

Flute: air attack, *sfz p*, *fff*

Clarinet in B \flat : *f* 3 *ff* doggedly

Percussion: Glock., *f* 3 *ff*

Piano: *ff* secco, *f* 3 *ff* doggedly, *ff*

Violin: *fp* pretentiously, *ff*, bow behind the bridge, scratchy, with medium-heavy bow pressure

Viola: *fp* pretentiously, *ff*, bow behind the bridge, scratchy, with medium-heavy bow pressure

Violoncello: *sfz* pretentiously, *ff*

* increase bow pressure to scratch tone

Flute: jet whistle, *p* < *ff*, *p*

Clarinet: *f* 3 *ff*, *fff*

Glock.: *fff*

Piano: *f* 3 *ff*, *fff ff* secco, *sfz*

Violin: *sfz*, *p*, *ff*, *fp* < *ff*, *sfz ff*, *fp* <

Viola: *sfz*, *p*, *ff*, *fp* < *ff*, *sfz ff*, *sfz*

Violoncello: *sfz*, *ff*, *sfz*, *fp* < *fff*, *sfz*

11

B

Fl. *ff* *f* *3* *ff* *mf*

Cl. *f* *3* *ff* *mf*

Glock. *ff* *mf*

Pno. *f* *3* *ff* *mf*

Vln. *ff* *sffz* *ff*

Vla. *sffz* *sffz* *ff*

Vc. *v.v.*

(8) Ped.

16

C

Fl. *p* *mf* *3* *f* *mf* *ff* *fff*

Cl. *ff* *mf* *3* *f* *mf* *mf* *fff*

Glock. *f* *mf* *3* *ff* *fff*

Pno. *f* *mf* *3* *f* *mf* *3* *ff* *fff*

Vln. *f* *ord.* *p* *mf* *3* *ff* *mf* *fff* *sffz* *ff*

Vla. *f* *ord.* *p* *mf* *3* *ff* *mf* *fff* *sffz* *ff*

Vc. *f* *ord.* *p* *mf* *3* *ff* *mf* *fff* *sffz* *ff*

21

Fl. *f* 3 *ff* *mf* 3

Cl. 3

Glock. *f* *ff* *mf* *f* 3 *ff*

Pno. 3 *mf* *ff* *f* 3

Vln. *ff* 3

Vla. *ff* 3

Vc. *f* *ff*

26

Fl. *ff* 3 *f* 3 *fff*

Cl. *f* *fff*

Glock. *ff* 3 *f* 3 *fff* dampen *p sub.*

Pno. *ff* 3 *f* 3 *fff*

Vln. *f* *fff* sul pont. *p*

Vla. *f* *fff* sul pont. *p*

Vc. *f* *fff* sul pont. *p*

D

This page of the musical score covers measures 31 to 36. It features a full orchestral arrangement with the following parts:

- Flute (Fl.):** Measures 31-36, starting with a treble clef and a key signature of one sharp (F#). Dynamics range from *f* to *fff*. Includes a triplet in measure 31.
- Clarinet (Cl.):** Measures 31-36, starting with a treble clef and a key signature of one sharp (F#). Dynamics range from *f* to *fff*. Includes a triplet in measure 31.
- Glockenspiel (Glock.):** Measures 31-36, starting with a treble clef and a key signature of one sharp (F#). Dynamics range from *ff* to *fff*. Includes a triplet in measure 31.
- Piano (Pno.):** Measures 31-36, starting with a bass clef and a key signature of one sharp (F#). Dynamics range from *f* to *fff*. Includes a triplet in measure 31 and an 8^{va} marking in measure 35.
- Violin (Vln.):** Measures 31-36, starting with a treble clef and a key signature of one sharp (F#). Dynamics range from *f* to *fff*. Includes a triplet in measure 31 and an *ord.* marking in measure 35.
- Viola (Vla.):** Measures 31-36, starting with a bass clef and a key signature of one sharp (F#). Dynamics range from *f* to *fff*. Includes a triplet in measure 31 and an *ord.* marking in measure 35.
- Violoncello (Vc.):** Measures 31-36, starting with a bass clef and a key signature of one sharp (F#). Dynamics range from *f* to *fff*. Includes a triplet in measure 31 and an *ord.* marking in measure 35.

The score includes various musical notations such as triplets, slurs, and dynamic markings. A large watermark "PREVIEW SCORE" is overlaid diagonally across the page.

42

Fl. *ff* *3* *f* *3* *ff* *p* *fff* *p* *fff*

Ci. *ff* *3* *f* *3* *ff* *fff* *fff* *fff*

Glock. *ff* *3* *f* *3* *ff* *fff*

Pno. *ff* *3* *f* *3* *ff* *fff*

Vln. *fffz* *ff* *f* *fff* *ff* *f* *fff* *ff*

Vla. *fffz* *ff* *f* *fff* *f* *fff* *ff*

Vc. *fffz* *fff* *ff* *3*

8) sost. Ped.

het whistle

48

Fl. *p* *fff* *sfz* *tongue ram*

Ci. *mf* *fff* *3* *pp*

Glock.

Pno. *sfz* + *8vb*

Vln. *fp* *fff* *ff* *f* *ff*

Vla. *fp* *fff* *ff*

Vc. *fffz* *fff* *ff*

II. Thanks for Being Flexible

$\text{♩} = 80$

Fl. *mf* *p* *ppp* *mf*

Cl. *pp* *mf* *ppp* *p* *mf*

Glock. *mf* *mf*

Pno. *pp* inside: palm slap (lowest) *mf* *p* *mp* *mf*

Vln. *ppp* *p* *pp* *p*

Vla. *ppp* *p* *pp* *p*

Vc. *ppp* *p* *pp* *p*

7

G

Fl. *p* *pp* *mp* *mf* *f* *p*

Cl. *p* *mp* *mf* *p* *mf*

Glock. *p* *pp* *mp* *mf* *mf*

Pno. *p* *pp* *mp* *mf*

Vln. *pp* *mp* *p* *mf*

Vla. *pp* *mp* *p* *mf*

Vc. *pp* *mp* *p* *mf*

15

Fl.

Ci.

Glock.

Pno.

Vln.

Vla.

Vc.

H

23

Fl.

Ci.

Glock.

Pno.

Vln.

Vla.

Vc.

I

28

Fl.

Cl.

Glock.

Pno.

Vln.

Vla.

Vc.

35

Fl.

Cl.

Glock.

Pno.

Vln.

Vla.

Vc.

40 $\text{♩} = 66$

Fl. *pp* *p* *ppp*

Cl. *pp* *p* *ppp*

Glock. *p*

Pno. *p* *pp* *p*

Vln. *p* *mp* *ppp*

Vla. *p* *ppp*

Vc. *p* *ppp*

III. Deflected Attempts

$\text{♩} = 132$

Fl. *mf* *ff* *mf* *ff* *quasi jet whistle*

Cl. *f* *ff*

Glock. *f* *ff* *white key gliss* *b.k. gliss*

Pno. *f* *ff*

Vln. *ff* *mf* *fff* *ff* *pp*

Vla. *ff* *mf* *fff* *ff* *pp*

Vc. *mf* *ff* *f* *fff* *f* *gliss.* *sul pont.* *IV*

7

Fl.

Cl.

Glock.

Pno.

Vln.

Vla.

Vc.

ff

ff

ff

mf

ff

f

ff

f

ff

mf

fff

mf

w.k. gliss

loco

6

3

3

5

ord.

gliss.

sul pont.

11

Fl.

Cl.

Glock.

Pno.

Vln.

Vla.

Vc.

fff

pp

fff

pp

fff

ppp

ppp

fff

ppp

f

fff

6

6

5

5

b.k. gliss

w.k. gliss

ric.

pizz.

16

Fl. *ff* 6 6 *pp* *sffz* *sffz* *sffz* *p* *sffz*
tongue ram air tone

Cl. *ff* 5 5 *pp* *p* *mf* *p* *mf* *p*
6 3

Glock. *ff*

Pno. *fff* *mf*

Vln. *fff* 3 *ppp* *mf* *p* *mf* *p*
sul pont. 3

Vla. *fff* 3 *ppp* *p* *mf* *p* *mf* *p*

Vc. *fff* *p* arco

21

Fl. *ff* *ff* 6 6

Cl. *ppp* *ff* 5 5

Glock. *ff* *ff*

Pno. *p* 6 6 *ff* *ff* 8va

Vln. *fff* *ppp* *scratch* *arco* 3 *p* *fff*

Vla. *fff* *fff* *arco* *fff*

Vc. *fff* *sul pont.* *fff* *pizz.* *sffz*

25

Fl. *pp* *fp* *ff*

Cl. *pp* *ff*

Glock. *f* *mf* *ff*

Pno. *p* *f* *ff*

Vln. *fp* *mf* *ff*

Vla. *fp* *ff*

Vc. *arco* *fp* *ff*

29

Fl. *p* *f* *p* *ff*

Cl. *p* *f* *p* *ff*

Glock. *f* *f*

Pno. *p* *fff* *ff*

Vln. *fff* *mf* *ff*

Vla. *p* *fff* *mf* *ff*

Vc. *p* *fff* *mf* *ff*

32

Fl. *p* *ff* *mf* *ff* *mf* *ff* *mf*

Cl. *p* *ff* *mf* *ff* *mf* *p*

Glock. *f* *ff* *ff*

Pno. *loco* *ff* *p*

Vln. *mf* *ff* *mf* *ff* *mf* *ff* *p*

Vla. *mf* *ff* *mf* *ff* *mf* *ff* *p*

Vc. *mf* *ff* *mf* *ff* *mf* *ff* *p*

37

Fl. *fff* *p* *fff* *p* *rit.*

Cl. *fff* *p* *fff* *p*

Glock. *fff* *ff*

Pno. *fff sub.* *fff* *fff* *p*

Vln. *f* *fff* *fff* *pizz.*

Vla. *f* *fff* *fff* *pizz.*

Vc. *f* *fff* *fff* *p*

43 **M** ♩ 120

Fl. *f* *p* *fff*

Cl. *ppp* *f* *p* *fff*

Glock. b.k. gliss *fff*

Pno. *ff* *p* *fff*

Vln. arco *f* *p* *fff*

Vla. pizz. *sfz* sul pont. *fff*

Vc. *ff* ord. III *mf* *fff*

IV. Upward Inflection?

Fl. *f* *p* *fff*

Cl. *f* *p* *fff*

Perc. yarn mallets *f* hihat loco *f* on rim with shaft of mallet Toms

Pno. *f* *p* *fff*

Vln. *f* *p* *fff*

Vla. *ff* *ff*

Vc. *f* *p* *fff*

5

Fl.

Ci.

Perc.

Pno.

Vln.

Vla.

Vc.

on head

hihat pedal

pp

mf

ff

f

ff

p

fff

mf

f

ff

8va

loco

8vb

fff

p

ff

f

ff

p

13

Fl.

Ci.

Perc.

Pno.

Vln.

Vla.

Vc.

fff

ff

fff

ff

mf

ff

mf

ff

fff

mf

ff

20

Fl.

Cl.

Perc.

Pno.

Vln.

Vla.

Vc.

f *mf* *p* *ff*

temple block

26

Fl.

Cl.

Perc.

Pno.

Vln.

Vla.

Vc.

p *f* *mp* *ff*

ff *p* *ff*

f *p* *ff*

sfz *ff*

32

Fl.

Cl.

Perc.

Pno.

Vln.

Vla.

Vc.

p *fff* *ff*

on the rim

37

Fl.

Cl.

Perc.

Pno.

Vln.

Vla.

Vc.

mf *ff* *p* *ff*

mf *ff* *ff* *ff*

mf *ff* *ff* *ff*

42

Fl. *ff* **P**

Cl.

Perc. *ff*

Pno. *ff* *p*³ *8^{va}* *8^{vb}*

Vln. *fp* *ff* *8^{va}*

Vla. *fp* *ff* *p sub.* *3*

Vc. *fp* *ff* *pizz.* *sfz* *3* *arco* *p* *3*

47

Fl.

Cl. *fff*

Perc. *f* *ff* *splash* *8^{va}*

Pno. *f* *fff* *pp* *8^{vb}*

Vln. *fp* *ff* *pp* *3*

Vla. *fp* *ff* *pp sub.* *3*

Vc. *pizz.* *sfz* *arco* *p* *3* *fp* *ff* *pp* *3*

Musical score for Flex! - Full Score - Page 19. The score is divided into two systems, starting at measure 52 and ending at measure 99. The instruments included are Flute (Fl.), Clarinet (Cl.), Percussion (Perc.), Piano (Pno.), Violin (Vln.), Viola (Vla.), and Violoncello (Vc.).

System 1 (Measures 52-55):

- Flute (Fl.):** Starts at measure 52 with a dynamic of *ff*. Features triplet patterns in measures 52-54 and a sixteenth-note run in measure 55.
- Clarinet (Cl.):** Starts at measure 52 with a dynamic of *ff*. Features triplet patterns in measures 52-54 and a sixteenth-note run in measure 55.
- Percussion (Perc.):** Features a triplet of eighth notes in measure 52, followed by rests in measures 53-55.
- Piano (Pno.):** Starts at measure 52 with a dynamic of *ff*. Features triplet patterns in measures 52-54 and a sixteenth-note run in measure 55. Includes a *loco* marking in measure 55.
- Violin (Vln.):** Starts at measure 52 with a dynamic of *fp*. Features triplet patterns in measures 52-55.
- Viola (Vla.):** Starts at measure 52 with a dynamic of *fp*. Features triplet patterns in measures 52-55.
- Violoncello (Vc.):** Starts at measure 52 with a dynamic of *fp*. Features triplet patterns in measures 52-55.

System 2 (Measures 56-99):

- Flute (Fl.):** Starts at measure 56 with a dynamic of *f*. Features triplet patterns in measures 56-58 and a sixteenth-note run in measure 59.
- Clarinet (Cl.):** Starts at measure 56 with a dynamic of *f*. Features triplet patterns in measures 56-58 and a sixteenth-note run in measure 59.
- Percussion (Perc.):** Features a triplet of eighth notes in measure 56, followed by rests in measures 57-59.
- Piano (Pno.):** Starts at measure 56 with a dynamic of *f*. Features triplet patterns in measures 56-58 and a sixteenth-note run in measure 59. Includes an *8va* marking in measure 59.
- Violin (Vln.):** Starts at measure 56 with a dynamic of *ff*. Features triplet patterns in measures 56-58 and a sixteenth-note run in measure 59. Includes a *gliss.* marking in measure 59.
- Viola (Vla.):** Starts at measure 56 with a dynamic of *ff*. Features triplet patterns in measures 56-58 and a sixteenth-note run in measure 59. Includes a *gliss.* marking in measure 59.
- Violoncello (Vc.):** Starts at measure 56 with a dynamic of *ff*. Features triplet patterns in measures 56-58 and a sixteenth-note run in measure 59. Includes a *gliss.* marking in measure 59.

The score is marked with a double bar line at the beginning of the second system (measure 56). A large watermark "Perusal" is visible across the page.

Musical score for measures 59-61. The score includes staves for Flute (Fl.), Clarinet (Cl.), Percussion (Perc.), Piano (Pno.), Violin (Vln.), Viola (Vla.), and Violoncello (Vc.).

Measures 59-61 feature a dynamic of *fff* for the woodwinds and strings. The Percussion part includes triplets and is marked with *p sub. 3*. A section marker 'S' is present in measure 60. The Violoncello part includes a *pizz.* instruction in measure 60.

Musical score for measures 62-65. The score includes staves for Flute (Fl.), Clarinet (Cl.), Percussion (Perc.), Piano (Pno.), Violin (Vln.), Viola (Vla.), and Violoncello (Vc.).

Measures 62-65 feature a dynamic of *fp* for the woodwinds and strings. The Percussion part includes triplets and is marked with *p* and *f*. The Violin and Viola parts include *sul pont.* instructions. The Violoncello part includes *arco* and *sul pont.* instructions. Dynamic markings include *fp*, *pp*, and *fff*.

68 **T**

Fl. *f*

Cl. *f*

Perc. *mf* 3 3 *p* 3 3 *mp*

Pno. *f*

Vln. *f*

Vla. *mf* 3 3 *ord.*

Vc. *f*

75 **U**

Fl. *p* 3 5 *pp* *ord.* *ff* *p* 3 *f*

Cl. *p* 3 *f*

Perc. *pp* 3 3 3 3

Pno. *ff* 3 3 *f* 3 *mf*

Vln. *ord.* *p* 3 *f*

Vla. *ff* 3 3 3 3 3 3

Vc. *ord.* *ff* 3 *p* 3 *f* *f* *mf*

80

Fl. *p*

Cl. *p*

Perc. *p* *pp* *mp* *p* (choke)

Pno. *mp* *p* *p*

Vln. *p* *pp* *p*

Vla. *p* *pp* *p*

Vc. *mp* *p* *p* *pp* *p*

ord.

ord.